



Tabriz University of Medical Sciences (TUOMS)  
School of Medicine

## Curriculum Vitae

### Personal Data:

**First name:** Fariba

**Last name:** Eslamian

**Nationality:** Iranian

**Date of birth:** 1975.04.27

**Place of birth:** Tabriz/Iran

**Marital status:** Married

**Specialty:** Physical medicine and rehabilitation

**Academic rank:** Associate professor

**Department/Research Center:** Physical medicine and rehabilitation

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**h-index (Scopus): 7 (Google scholar:11)**

**ORCID ID:** 0000-0002-6313-9275

**Scopus ID:**

**Researcher ID:** L-7751-2017

**ORCID:** [35770457100](https://orcid.org/35770457100)



## Fields of interest

Electrodiagnostic medicine in neuromuscular diseases, Pain medicine, Acupuncture therapy, peripheral joints injection, Neuro rehabilitation

## Skills: (language, software...)

I can write, speak and teach in Persian and English.

I can use computer and specific software for academic purposes, teaching, and participation in seminars, etc.

## Educational Background:

Date	Degree	Institution	Country
June 1993	Diploma of high school	Tohid high school	Tabriz/Iran
September 2000	Doctorate in medicine (general practitioner ,MD)	Tabriz university of medical sciences	Tabriz/Iran
September 2005	Specialist in physical medicine and rehabilitation	Tabriz university of medical sciences	Tabriz/Iran

## Thesis

Degree	Title
Doctorate in Medicine	“Thyrotoxic Periodic Paralysis in Azari Iranians – a 10-yrs retrospective analytical research study”. Supervisor: Prof. Amir Bahrami.
Specialty of Physical medicine and Rehabilitation	“Effects of Radial Artery Harvesting on Hand function in Patients with Coronary Artery Bypass Graft Surgery”. Supervisor: Prof. Seyed Kazem Shakouri

## Educational experience

### Teaching

Date (month/year)	Course Name, Venue (Institution, Address)
October 2005-December 2012	Assistant Professor of Physical Medicine and Rehabilitation, Faculty of Medicine, Tabriz University of Medical Sciences, Tabriz, Iran.
December 2012 till present	Associate Professor of Physical Medicine and Rehabilitation, Faculty of Medicine, Tabriz University of Medical Sciences, Tabriz, Iran.
October 2005 till present.	Attending staff, Teaching Hospitals, Tabriz University of Medical Sciences.

### Workshop(s)

Date (month/year)	Course Name, Venue (Institution, Address)
2015, Berlin/Germany	<b>Electrodiagnosis</b> of diaphragm and Phrenic nerve conduction study
2015, Berlin/Germany	Musculoskeletal Sonography
2017,2018 Tehran/Iran	Musculoskeletal Sonography
2017tehar/Iran	kinesiotaping
2009,Thran/Iran	<b>Acupuncture</b> for musculoskeletal problems
2005 ,Tabriz/Iran	<b>Manipulation</b> in spinal and peripheral joints

### International Lecture(s)

Date (month/year)	Details
June 2015, Berlin/Germany <b>9th International congress of Society of Physical &amp; Rehabilitation Medicine (9th ISPRM)</b>	Therapeutic Effectiveness of Ultrasound-guided versus Blind <b>intra-articular Injections of Hyaluronic acid in Patients with Moderate knee osteoarthritis,</b> Oral presentation
November 2010, Mashhad/Iran 2nd International and 14th Annual Congress of Iranian Society of Nuclear Medicine	Effect of enhanced external counterpulsation on myocardial perfusion in patients, unsuitable for invasive interventions, Oral presentation
13-17 June 2009, Istanbul/Turkey <b>5th International congress of Society of Physical &amp; Rehabilitation Medicine (5th ISPRM)</b>	<b>Factors affecting hospitalization length and patient ambulation after hip fracture</b> in a rehabilitation ward, poster presentation
13-17 June 2009, Istanbul/Turkey 5th International congress of Society of Physical & Rehabilitation Medicine (5th ISPRM)	Study on electro physiologic changes in hypothyroid patients, poster presentation

## Research Activities:

### Research areas, Interests

1-Electrodiagnosis in neuromuscular diseases 2-Pain management 3-Intra-articular injections 4-Acupuncture and complementary medicine 5-Rehabilitation in neurologic disorders

### Books:

N	Title	Authors	Publisher	Authorship/ Translation/ ....
	<p><b>Title of e-book: Advances in Clinical Neurophysiology</b></p> <p>Title of my Chapter:  <b>Neuromuscular Disorders in Critically-Ill Patients, Approaches to Electrophysiologic Changes in Critical Illness Neuropathy and Myopathy</b></p>	<p><b>Fariba Eslamian, MD</b></p> <p>Mohamad Rahbar, MD</p>	<p>In-Tech publication-14</p> <p>October 2012</p>	Written by mine and co-author

### Selected articles:

N	Title	authors	Journal	Year	Indexed in (Scopus, Medline, WOS, ....)
1	<p><b>Relative Effectiveness of Electro-Acupuncture and Biofeedback in the Treatment of Neck and Upper Back Myofascial Pain: A Randomized Clinical Trial</b></p>	<p><b>Fariba Eslamian,</b></p> <p>Fatemeh Jahanjoo</p> <p>Neda Dolatkhah ,</p> <p>Alireza Pishgahi , Ali Pirani</p>	Archives of Physical medicine and rehabilitation	2020	<b>ISI, IF:2.88</b>
2	<p><b>Electrical interferential current stimulation versus electrical acupuncture in management of hemiplegic shoulder pain and disability after ischemic stroke</b></p>	<p><b>Fariba Eslamian ,</b></p> <p>Mehdi Farhoudi ,</p> <p>Fatemeh Jahanjoo ,</p> <p>Elyar Sadeghi- , Parvin Darabi</p>	Archives of physiotherapy	2020	Pubmed

3	<b>Electrophysiologic findings in patients with COVID-19 and quadriparesia in the northwest of Iran, A case series study and literature review</b>	<b>Fariba Eslamian,</b> Negar Taleschian-Tabrizi, Behzad Izadseresht, Kazem Shakouri, Shakiba Gholian, Mohammad Rahbar	Caspian Journal of Internal Medicine	2021	<b>ISI</b>
4	<b>Nutraceutical supplements in management of pain and disability in osteoarthritis: A systematic review and meta-analysis of randomized clinical trials</b>	Dawood Aghamohammadi, Neda Dolatkhah, Fahimeh Bakhtiari, <b>Fariba Eslamian,</b> Maryam Hashemian	Scientific Reports	2020	<b>ISI, IF:4.3</b>
5	<b>Association of depression, anxiety and menopausal-related symptoms with demographic, anthropometric and body composition indices in healthy postmenopausal women</b>	Nasibeh Barghandan, Neda Dolatkhah, <b>Fariba Eslamian,</b> Nahal Ghafarifar, Maryam Hashemian	BMC women's health	2021	<b>ISI, IF:2.80</b>
6	<b>Use of autologous conditioned serum dressings in hard-to-heal wounds: a randomized prospective clinical trial</b>	Shakiba Gholian, Alireza Pishgahi, Kazem Shakouri, <b>Fariba Eslamian,</b> Mehdi Yousefi, Behzad Pourabbas, Shahla Dareshiri, Neda Dolatkhah	Journal of Wound Care	<b>2022</b>	<b>ISI, IF:2.63</b>
7	<b>The Relationship Between Usual Daily Physical Activity With Serum Markers Related to Bone Metabolism and Demographic Characteristics in Postmenopausal Women Aged 50–65 Years</b>	Saeedollah Azimi-Shomali, Azizeh Farshbaf-Khalili, <b>Fariba Eslamian,</b> Neda Dolatkhah, Nafiseh Ghassab-Abdollahi	Journal of Physical Activity and Health	<b>2022</b>	<b>ISI, IF:2.25</b>

8	<b>Ginger (Zingiber officinale) and turmeric (Curcuma longa L.) supplementation effects on quality of life, body composition, bone mineral density and osteoporosis related biomarkers and micro-RNAs in women with postmenopausal osteoporosis: a study protocol for a clinical trial.</b>	Aghamohammadi D, Dolatkhah N, Shakouri SK, Hermann P, <b>Eslamian F.</b>	Journal of Complementary and Integrative Medicine	2020	Pubmed
9	<b>Determination of Body Composition Analysis in Association with Pain and Functional Status of Patients with Chronic Mechanical Low Back Pain</b>	<b>Fariba Eslamian</b> , Neda Dolatkhah, Mahya Pourostadi, Ali Pirani	Physical Medicine, Rehabilitation, and Electrodiagnosis	2019	Google scholar Index Copernicus
10	<b>The associations of vitamin D deficiency with knee pain and biomechanical abnormalities in young Iranian patients with patellofemoral pain syndrome: A case-control study</b>	<b>Fariba Eslamian</b> , Fatemeh Jahanjoo, Vahideh Toopchizadeh, Banafshe Kharrazi	Iranian Red Crescent Medical Journal	2018	<b>ISI, IF:0.86</b>
11	<b>Combination of exercise and acupuncture versus acupuncture alone for treatment of myofascial pain syndrome: a randomized clinical trial</b>	Bina Eftekharsadat, Elmira Porjafar, <b>Fariba Eslamian</b> , Seyed Kazem Shakouri, Hamid Reza Fadavi, Seyed Ahmad Raeissadat, Arash Babaei	Journal of acupuncture and meridian studies	2018	<b>ISI,IF:0.3</b>
12	<b>A Comparison of the Efficacy of Dry-Needling and Extracorporeal Shockwave Therapy for Plantar Fasciitis: A Randomized Clinical Trial</b>	Mohammad Rahbar, <b>Fariba Eslamian</b> , Vahideh Toopchizadeh, Fatemeh Jahanjoo, Ali Kargar, Neda Dolatkhah	Iranian Red Crescent Medical Journal	2018	<b>ISI, IF:0.86</b>
13	<b>Effect of hippotherapy simulator on pain, disability and</b>	Mohammad Rahbar, Yaghub salekzamni,	Journal of back and	2018	<b>ISI, IF:0.81</b>

	<b>range of motion of the spinal column in subjects with mechanical low back pain: A randomized single-blind clinical trial</b>	Fatemeh Jahanjou, <b>Fariba Eslamian,</b> Alireza Niroumand, Neda Dolatkhah	musculoskeletal rehabilitation		
<b>14</b>	<b>Fatigue Induced Effects after Concentric versus Eccentric Exercises on Sense of Force and Senses of Position among Young Normal Adults-A Controlled Single-Blinded Study</b>	Parvin Shokri, <b>Fariba Eslamian,</b> Seyed Kazem Shakouri, Silva Ohanian, Fatemeh Jahanjoo	Journal of Research in Medical and Dental Science	2018	<b>ISI(ESCI)</b>
<b>15</b>	<b>A randomized prospective comparison of ultrasound-guided and landmark-guided steroid injections for carpal tunnel syndrome</b>	<b>Fariba Eslamian,</b> Bina Eftekharsadat, Arash Babaei-Ghazani, Fateme Jahanjoo, Mojgan Zeinali	Journal of Clinical Neurophysiology	2017	<b>ISI,IF:1.9</b>
<b>16</b>	<b>Extra corporeal shock wave therapy versus local corticosteroid injection in the treatment of chronic plantar fasciitis, a single blinded randomized clinical trial</b>	<b>Fariba Eslamian,</b> Seyed Kazem Shakouri, Fatemeh Jahanjoo, Mehrzad Hajjaliloo, Faraz Notghi	Pain Medicine	2016	<b>ISI,IF:2.7</b>
<b>17</b>	<b>Therapeutic effects of prolotherapy with intra-articular dextrose injection in patients with moderate knee osteoarthritis: a single-arm study with 6 months follow up</b>	<b>Fariba Eslamian,</b> Bahman Amouzandeh	Therapeutic advances in musculoskeletal disease	2015	<b>ISI,IF:3.8</b>
<b>18</b>	<b>Effect of virtual reality-based balance training in multiple sclerosis</b>	Bina Eftekharsadat, Arash Babaei-Ghazani, Mehran Mohammadzadeh, Mahnaz Talebi, <b>Fariba Eslamian,</b> Elnaz Azari	Neurological research	2015	<b>ISI,IF:0.6</b>

19	<b>Effect of enhanced external counterpulsation and cardiac rehabilitation on quality of life, plasma nitric oxide, endothelin 1 and high sensitive CRP in patients with coronary ...</b>	Kazem Shakouri, Zeynab Razavi, <b>Fariba Eslamian</b> , Homayoun Sadeghi, Samad Ghaffari, Arash Babaei	Annals of rehabilitation medicine	2015	Pubmed
20	<b>Effects of low-level laser therapy in combination with physiotherapy in the management of rotator cuff tendinitis</b>	<b>Fariba Eslamian</b> , Kazem Shakouri, Morteza Ghojzadeh, Ozra Nobari, Bina Eftekharsadat	Lasers in medical science	2012	<b>ISI,IF:2.5</b>
21	<b>Therapeutic effects of Enhanced External Counter Pulsation (EECP) on clinical symptoms, echocardiographic measurements, perfusion scan parameters and exercise tolerance test in refractory angina</b>	<b>Fariba Eslamian</b> , Naser Aslanabadi, Babak Mahmoudian, Seyyed Kazem Shakouri	Int J Med Sci Public Health	2013	Index Copernicus  Chemical abstract
22	<b>The Relationship Between Body Composition and Osteoporosis in Postmenopausal Women</b>	M Gholami, N Ghassembaglou, H Nikbakht, <b>F Eslamian</b>	Journal of food technology and nutrition	2013	Google scholar ISC
23	<b>Electrophysiologic changes in patients with untreated primary hypothyroidism</b>	<b>Fariba Eslamian</b> , Amir Bahrami, Naser Aghamohammadzadeh, Mitra Niafar, Yaghoub Salekzamani, Keyvan Behkamrad	Journal of clinical Neurophysiology	2011	<b>ISI,IF:1.9</b>
24	<b>Effects of Balance Training Using Balance Simulator Instrument on Postural Stability in the Patients with Idiopathic Parkinson's disease</b>	<b>Eslamian F</b> , Talebi M, Taheraghdam AA, Borhani N	Medical Journal of Tabriz University of Medical Sciences	2014	Google scholar ISC



25	<b>Comparison of therapeutic efficacy between acupuncture and low level laser in the treatment of cervical myofascial pain syndrome: a single blinded randomized clinical trial study</b>	<b>Fariba Eslamian,</b> Mehrzaad Hajjalilo, Leila Mohammad	Iranian south medical journal	2014	Google scholar ISC
26	<b>comparison of physiotherapy and acupuncture on myofascial pain syndrome related headache</b>	kazem shakouri, ali akbar taheraghdam, yaghoob salekzamani, mehran mohamadzadeh, daryoush savadi, <b>fariba eslamian,</b> homayoun sadeghi, mohammad shimia	Journal of Tabriz University of Medical Sciences	2012	Google scholar ISC
27	<b>Comparison of Outcomes and Complications of 1- and 4- week Cast Immobilization after distal Radius Surgery.</b>	Soleiman pour J, Ghorbanzadeh M , Ganjpor J, <b>Eslamian F</b>	Journal of Kerman University of Medical Sciences	2011	Scopus Google scholar ISC
28	<b>Study on Therapeutic Effects of Electrical Stimulation on Upper Limb Spasticity Following Stroke</b>	Zahra Motavalli, Vahideh Toopchizadeh, <b>Fariba Eslamian,</b> Mohammad Rahbar, Mahnaz Talebi	Journal of Tabriz University of Medical Sciences	2011	Google scholar ISC
29	<b>Electrophysiologic feature of Vincristine- induced neuropathy</b>	Toopchizadeh V , Husseini SJ, Barzegar M, Rezamand A, Hosseinpoor feizi A, Rahbar M, <b>Eslamian F</b>	Medical Journal of Tabriz University of Medical Sciences	2009	Google scholar ISC
30	<b>Case report: two case reports of hereditary sensory autonomic neuropathy type II in a family</b>	<b>Fariba Eslamian,</b> Jafar Soleymanpour	Journal of Tabriz University of Medical Sciences	2009	Google scholar ISC
31	<b>Electrical Stimulation Effects on Muscle Endurance</b>	SK Shakouri, <b>F Eslamian,</b> B Eftekhar, Z Pezeshki, Dargahi Z.	Medical Journal of Tabriz University of Medical Sciences	2008	Google scholar ISC

32	<b>Effects of Radial Artery Harvesting on Hand Function in Coronary Artery Bypass Graft Patients</b>	AR Jodat, SK Shakouri, <b>F Eslamian</b> , AH Shakeri, M Rahbar, R Parvizi, A Naghdi	Journal of Tabriz University of Medical Sciences	2006	Google scholar ISC
33	<b>Effects of Radial Artery Harvest in Coronary Artery By Pass Grafting on Forearm Blood Flow</b>	AM Jodat, SK Shakouri, AH Shakeri, <b>F Eslamian</b>	Kowsar Medical Journal	2006	Google scholar ISC

### Positions held: (past- current)

<b>Start and End Date</b>	<b>Job Title, Responsibilities and achievements</b>
August 2011 till present	<b>Educational Deputy</b> of Physical medicine and Rehabilitation Department
2012-present	<b>Associate Professor</b> of Physical medicine and Rehabilitation Department, Faculty of Medicine, Tabriz University of Medical Sciences
2007-present	<b>Attending staff</b> , Physical medicine and Rehabilitation ward, Imam Reza Medical Center, Tabriz University of Medical Sciences
2020-present	<b>Head of the Physical medicine and Rehabilitation ward</b> of Imam Reza Hospital

### Association Memberships (past and current)

<b>Start and End Date</b>	<b>Job Title, Responsibilities and achievements</b>
2009- present	Member of <b>International Society of Physical and Rehabilitation Medicine (ISPRM)</b> .
2010-present	Member of <b>Iranian Society</b> of Physical Medicine, Rehabilitation and Electrodiagnosis
2000-present	Member of Iranian Medical Council
2010-present	Member of Physical Medicine and Rehabilitation <b>Research Center</b> in Tabriz University of Medical Sciences.
2005-present	Member of committee of department examinations
2017-2020	Member of <b>committee of national pre-board and board examinations</b>
2009-2019	Member of <b>protests checking committee</b> in residency annual examinations and pre board examination of Physical Medicine and Rehabilitation Department

## Awards and Recognitions

Start and End Date	Details
September 2005	Number one Award of Iranian Ministry of health & medical education for Earning the <b>first Rank in the National Board Certification Examination</b> of Physical Medicine and Rehabilitation in Tehran, Iran.
December 2010	Number one Award of 14 <sup>th</sup> annual Iranian congress of Physical Medicine and Rehabilitation for being nominated as “ <b>distinguished lecturer</b> ” in Tehran/Iran,
October 2009	Number one Award of 12 <sup>th</sup> annual Iranian congress of Physical Medicine and Rehabilitation for being nominated as “best poster presentation” in Tabriz/Iran,
November 2013	Number one Award of first international Iranian <b>congress of Stroke</b> for being nominated as “ <b>best poster presentation</b> ” in Tabriz/Iran,